

A close-up photograph of a field of red poppies. The central flower is in sharp focus, showing its delicate petals and dark center. Other flowers are visible in the background, slightly out of focus, creating a sense of depth. The green leaves and stems of the plants are also visible, adding to the natural setting.

I Vow A Vow

Piano, keyboard, voice

Words, music, and photography by
Dinah Satterwhite

I Vow A Vow



medium

Words and Music by Dinah Satterwhite

Andante (M.M. ♩ = c. 74-84)

Musical notation for the first system, measures 1-4. The music is in 4/4 time, key of B-flat major. The piano part features a melody in the right hand and a bass line in the left hand. The tempo is Andante (M.M. ♩ = c. 74-84). The dynamic is *mp* (mezzo-piano). The instruction *With pedal* is written below the bass line.

Musical notation for the second system, measures 5-7. The lyrics are: "love the power of still-ness, a mo-ment of real rest. In si-lence I see clear-ly, my". The piano part features a melody in the right hand and a bass line in the left hand. The dynamic is *mp* (mezzo-piano). The instruction *With pedal* is written below the bass line.

Musical notation for the third system, measures 8-11. The lyrics are: "vi-sion's at its best. I wash my hands of judg-ing to see be-yond the gate, the". The piano part features a melody in the right hand and a bass line in the left hand. The dynamic is *mp* (mezzo-piano). The instruction *With pedal* is written below the bass line.

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A note
from
Dinah

12

good-ness that's in - her - ent. My path is love not hate. I

15

want to be more pa-tient and give to those in need. Have cour-age when I need it, be

18

firm when faced with greed. I'll stay the course with kind-ness, my

I Vow A Vow

21

wand 'ring thoughts be gone. My jour-ney is an o - pen book and kind-ness is my song.

24

I vow a vow. To

mf *poco rit.*

29

see a bet-ter world they say one thing to do, is look in-to the mir-ror and see a bet-ter you.

a tempo